


## FALL 2021 | EFFECTIVE SEPTEMBER 5

Visit [movelearnplay.edmonton.ca](https://movelearnplay.edmonton.ca) for a complete list of activities.

## FACILITY HOURS

	SUN	MON	TUES	WED	THU	FRI	SAT
<b>ADMISSION DESK</b>	8AM-8PM	6AM-12PM 4-10PM	6AM-12PM 4-10PM	6AM-12PM 4-10PM	6AM-12PM 4-10PM	6AM-12PM 4-9PM	7AM-8PM
<b>FITNESS CENTRE &amp; RACQUET COURTS</b>	8AM-8PM	6AM-12PM 4-10PM	6AM-12PM 4-10PM	6AM-12PM 4-10PM	6AM-12PM 4-10PM	6AM-12PM 4-9PM	7AM-8PM
<b>INDOOR PLAYGROUND</b>	8AM-8PM	6AM-12PM 4-10PM	6AM-12PM 4-10PM	6AM-12PM 4-10PM	6AM-12PM 4-10PM	6AM-12PM 4-9PM	7AM-8PM

## AQUATIC SCHEDULE

ACTIVITY	SUN	MON	TUES	WED	THU	FRI	SAT
<a href="#">LANE SWIM</a>	8-9AM	6-9AM 8-10PM	6-8:30AM 9-10PM	6-9AM 8-10PM	6-8:30AM 9-10PM	6-9AM	7-9AM
<a href="#">PUBLIC SWIM</a> 	MAIN POOL & TOT POOL		9:30AM-12PM	10AM-12PM	9:30AM-12PM	10AM-12PM	
	2-8PM		7-9PM		7-9PM	7-9PM	2-8PM
<a href="#">HOT TUB &amp; SAUNA</a>	8AM-8PM	6AM-12PM 4-10PM	6AM-12PM 4-10PM	6AM-12PM 4-10PM	6AM-12PM 4-10PM	6AM-12PM 4-9PM	7AM-8PM
<a href="#">REGISTERED LEARN TO SWIM PROGRAMS</a>	9AM-2PM	4-8PM	4-7PM	4-8PM	4-7PM	4-7PM	9AM-2PM

## FACILITY PLUS PASS ACTIVITIES

ACTIVITY	SUN	MON	TUES	WED	THU	FRI	SAT
<a href="#">DEEP WATER AQUAFIT</a>	11AM-12PM	9-10AM 7-8PM	8:30-9:30AM	9-10AM 7-8PM	8:30-9:30AM	9-10AM	
<a href="#">SHALLOW &amp; DEEP WATER AQUAFIT</a>		9-10AM	8:30-9:30AM	9-10AM	8:30-9:30AM	9-10AM	

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## Did You Know...

Instructor-Led programs do not run on Statutory Holidays.

During stat holiday closures, customers who have facility level: Monthly, Continuously Monthly or Annual memberships at closed facilities will be able to access the larger Community Recreation Centres at no extra charge.

Visit [Recreation Centres and Pools](#) on edmonton.ca for live facility information including amenities, pool temperatures, and so much more!

You can sign up to receive email updates regarding pool/amenity closures, cancelled classes, and holiday hours! Visit [edmonton.ca/facilitynotifications](https://edmonton.ca/facilitynotifications) to subscribe. Please note that you will only receive notifications for the facilities you subscribe to. This notification tool is not used for promotions.

Schedules are subject to change. Visit [movelearnplay.edmonton.ca](https://movelearnplay.edmonton.ca) to register for Aquatic Programs and review up to date information regarding drop in activities (including number of lanes available and Instructor Led Programs).

Aquafit classes with a seasonal average attendance of 17 people or less are subject to cancellation.

## ACTIVITY DESCRIPTIONS

<b>LANE SWIM</b>		Individual lanes available for lane swim, water walking/jogging and individual wellness movement. Please note, depth may vary.
<b>PUBLIC SWIM</b>	MAIN POOL & TOT POOL	<p>A recreational swim for all ages! Additional amenities such as waves, diving boards, water slides, lazy river, climbing walls, tot pools, etc. may be available.</p> <ul style="list-style-type: none"> <li>• Located in the Main Pool and Tot Pool</li> <li>• A recreation swim with or without waves designed for lane swimmers and leisure swimmers. It is a swim that could be shared with school programs.</li> <li>• <b>A maximum of 3 children under 8 years must be actively supervised in the pool (and on the immediate deck and amenities) by a responsible person 15 years and older. Keep children under 8 years at arms reach at all times. Children who are not supervised will not be allowed in the pool area.</b></li> <li>• Everyone <b>must be able to swim 25 metres</b> on their front without stopping before entering chest deep water. Youth under the age of 16 years <b>must demonstrate</b> this ability, and those 16 or older <b>may be asked</b>. If a lifejacket is used for the swim it must always be worn in deep water</li> </ul> <p>Review our <a href="#">aquatic centre rules and guidelines</a>.</p>
	MAIN POOL WITH WAVES, DIVE, WATER SLIDE, & TOT POOL	<p>A public swim in our Main Pool, Dive Tank, and Tot Pool which includes Waves and the use of our Water Slide.</p> <ul style="list-style-type: none"> <li>• <b>A maximum of 3 children under 8 years must be actively supervised in the pool (and on the immediate deck and amenities) by a responsible person 15 years and older. Keep children under 8 years at arms reach at all times. Children who are not supervised will not be allowed in the pool area.</b></li> <li>• Everyone <b>must be able to swim 25 metres</b> on their front without stopping before entering chest deep water. Youth under the age of 16 years <b>must demonstrate</b> this ability, and those 16 or older <b>may be asked</b>. If a lifejacket is used for the swim it must always be worn in deep water</li> </ul>
<b>HOT TUB &amp; SAUNA</b>		Facility amenities to warm you up.
<b>REGISTERED LEARN TO SWIM PROGRAMS</b>		Learning to swim is easy and fun with our swimming lessons for tiny tots, youth, and adults. To register come to any of our City of Edmonton facilities, or online at <a href="https://movelearnplay.edmonton.ca/COE/public/Category/Courses">https://movelearnplay.edmonton.ca/COE/public/Category/Courses</a> .
<b>COMMUNITY SWIM</b>		A swim arranged with area-specific community leagues. A community league membership card is required for entry. Please check at the facility or call your Community League for details. Shared with Public Swim
<b>SHALLOW/DEEP WATER AQUAFIT</b>		Join us for a coordinated Shallow and Deep Water Aquafit! A one-hour class set to music and taught by certified instructors. Work at your own pace in shallow water, or use an aqua belt to suspend you in deep water, so that your whole body gets a total workout.